December 2018

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page 2

Welcome to our December edition of #BuyLocal digital magazine.

We trust 2018 has brought you growth and wellness.

This period of the year mark the moment in which many entrepreneurs will do extra business. Buy local!

Our Holiday issue contains Holiday information, 3rd party info and report on our Sustainable Trade Expo of past November.

The Sustainable Trade Expo in Curacao showcased a diversity of companies from Aruba, Bonaire, Colombia and Curacao. Enjoy the summary, video & blog links.

The Holidays

Our believes are our fundamental right. Together with our community this set of beliefs and practices provide safety, tranquility and celebration. And this season is the high for many of our festivities. Have a merry time.



Sharella Riedel Director I Am Made In

We trust you will enjoy the magazine and that you will appreciate many of the offers.



CONTENT

- Page 2 Introduction
- Page 3 Festivities, Caribbean, Colombia, Netherlands
- Page 4 Health, Dr Fish & Electrodes body scan
- Page 5 The entrepreneur in you
- Page 6 Habitant's View
- Page 7 Your Show Case
- Page 8 Christmas Novena
- Page 9 Celebration & Food
- Page 10 Sustainability goals
- Page 11 Report Sustainable Trade Expo
- Page 12 JC Water Solutions

CONTENT

- Page 13 Bonaire Salt & Brahma
- Page 14 Allvida, Esmeraldas & Paramos
- Page 15 Mongos, Sunny Green Food & Café San Nicolas
- Page 16 Artist Ten Holt, BPM & CPC
- Page 17 EMCuracao, Karchi 60+, Aishel Marchena
- Page 18 Gema, Boyaca in the World, Bellisima Joyeria, Tejeplanta, tus accessories Byaizor
- Page 19 Cleanful, Sentro Solari, UoC
- Page 20 Buy Local this Holiday



This is how winter looks like in the Caribbean. Holiday Season is celebrated indoor, outdoor and with you.





Holiday Season in Medellin.

Christmas lights in Medellín, known in Spanish simply as the "Lighting" or more officially the EPM Lights, is a traditional seasonal event in Medellín, Colombia, where the city hangs millions of Christmas lights and holds light shows and other cultural events. .source: http://www.thebohemiandiaries.com/medellin-colombia-christmas-lights/

Maastricht, The Netherlands becomes veritable winter fairy tale. You can taste the festive atmosphere. The Christmas Market will be held at various squares and streets.



WELZIJN SPA



Welzíj́n Spa wishes you a happy, healthy, relaxed, prosperous Holiday Season and 2019 in company of your friends and family.

We offer you our services: Dr Fish treatment and full body **scan** in a relax and homey environment to promote above aspirations.

<u>Dr Fish</u>

- Natural & organic exfoliation treatment
- Fishes will nibble at your feet and take away the old skin.
- Micro-massage to oxygenate and promote blood circulation.
- Helps with the disappearance of minor scars.
- reduces Psoriasis and Eczema symptoms
- Absorption of corns.
- Absorption of bunions.
- Promotes rest and relaxation.
- Make your skin clear, smooth and with extra good blood circulation.
- Promotes the feeling of well-being and rejuvenation.

Electrodes Body scan

- General physical health check
- Calculation of fat, age, length balance.
- Assessment of organ function.
- Evaluation of vitamin and mineral equilibrium.
- Extended result pages.
- Graphic illustration of results.
 - Possibility to discuss results with specialized person
 - Tips to improve health when requested.
 - Having a yearly body scan will help you to stay in the best health and / or improve your health.

Start 2019 in your best health.

When a body is fit, it can handle the everyday stress of life and helps maintain both physical and mental health. A fit body requires proper diet, regular exercise, and habits of moderation. Nutrition involves providing the body with the nutrients it needs to be healthy.

Start 2019 in your best health with our combi service for fls 55,-Email us at: sharella@welzijnspa.com for your moment of peace & health.

YOUR ENTREPRENEURIAL SENSITIVITY

"Never depend on single income. Make investments to create a second source." -Warren Buffet

<u>The benefits of the</u> entrepreneurial investment:

- Buying at lower prices
- Using your talent
- Growing your network
- Improve your income

Join a entrepreneurial team:

Having a partner
With products that are tested, reviewed and renowned.
Your training and marketing material is ready to use.
Your website is online in 2 hours.

The best you is a healthy you, a secure you, a independent you, a relaxed you, a loving you.

Do you want to start your own business? A small, midsize or big one? Look into below links for inspiration and realistic possibilities. Click, contact us and create.



http://www.amway.com/WelzijnWellnessSpa

https://www.amway.com/Registration/IBO/CreateAccount



IBO code 8229459 IBO key RIE Atlantic Caribbean Curacao



Our planet is such a diverse place which is waiting to be explored. The tourism marketing machine has many of us enjoying the same things and they are great things. Habitants View guides you to the less popular experience and depart a little from the marketing machine.



We motivate you to visit, try, eat and experience Curacao the local way.

Visit local restaurants, spot, happy hours, activities, group, accommodation, location, parties and enjoy more Caribbean then at any other place.

It is surprising to when you get to know how many benefits travelling local has. When local replace your generic, mass produced holiday with a more unique, personal experience and simultaneously support of the very area and community of the location you are visiting it inspires you to feel part of the community. You choose Curacao for a reason and we want to give you the most of our island.



Whether it's an active holiday or a cultural one, we assist you with beaches, water sport, sun, culture and more to make the most out of your trip. By knowing the local and independent operators we instantly put you in contact with the experts of the area. These are the people who have spent their lives discovering the aspects of Curacaon that may not even feature in the quidebooks! So who better to help you get to the heart of a place and really find out how it ticks!? The positive impacts of our local travel can stem further than experiences it also has economic gains for yourself and the local community.



Visit Habitant's View Showcase page to visit Curacao as a local at: http://www.iammadein.com/curacao/1477/habitants-view



We would like to have all local producers on our platform. I Am Made In offer <u>FREE</u> registration to our popular directory where your business description, product description and contact details will be displayed on the following web address;

http://www.iammadein.com/global/directory.

To register, please click on; <u>http://www.iammadein.com/global/licenses</u>.

You can also '<u>showcase' your company online</u> on our web shop. The online showcase is an online Shop Window customized to your company that creates an online shopping experience.

The advantages of the Showcase in comparison to a Social Media Page are:

- You can advertise, inform, interact and more compared to a Social Media post
- Your message/post does not get lost between other posts
- Your most important offers are displayed at one glance for everybody to see
- You can recreate your showcase according to the current season, promotion, etcetera

- You will be able to create shopper's communities / forums where you and the shoppers can exchange information

- Members of these communities can become new followers on your own Facebook Page, Instagram and or any other social media page you may own

- The Showcase link is easy to share
- The Online Showcase has lower costs than a Physical Showcase
- The Showcase is always open and will not become a victim of vandalism
- It is more sustainable
- More information can be shared electronically than on one physical flyer)
- It improves your engagement time on your Social Media

We believe in our local businesses, talents, products, services and strives for the improvement of our local economy.

Therefore, we invite your company to create its own I Am Made In Showcase.

Click here and start now: <u>http://www.iammadein.com/global/licenses</u>

Christmas Novena

Also celebrated as 'Misa di Aurora' on the ABC islands.

One of the best things about celebrating a Roman Catholic Christmas is the final days leading up to Christmas Eve: The preparations, families coming together and the festive vibes.

There are several long-standing Catholic cultural traditions that take us through these final days of Advent, heightened with anticipation of welcoming the birth of the King of Kings.

The Las Posadas ("The Inns") celebrated in Latin American countries, and Simbáng Gabi ("Night Mass") in the Philippines are just two examples of nine-day celebrations beginning on December 16 and continuing until December 24.

Check with your local parishes to see if these traditions are happening near you!

There is also tradition of praying a novena for the nine days leading up to Christmas Eve. Not to be confused with the St. Andrew's Christmas Novena which began on November 30th (the feast day of St. Andrew) and is prayed 15 times daily until Christmas Eve.

There are many options for praying the Christmas Novena, all which aim to prepare our hearts for the coming of our savior, Jesus Christ. The Christmas Novena starts on December 16, and is celebrated each morning at 5:00 am.





Food = Love = Amor





Each country has it way of celebrating. We are tempting you with some of these delicious foods.

An **oliebol** is a Dutch and Belgian food. In Belgium they are also called Smoutebollen and Croustillons in French. Oliebollen are traditionally eaten on New Year's Eve and at funfairs. The filling of the oliebol could consist of raisins, currants and apple, other ingredients can be added, such as succade, pieces of orange or whipped cream.

Hallaca (Ayaca) is corn dough stuffed with a stew of beef, pork, and chicken, fish, or other seafoods, and other ingredients such as raisins, capers, and olives/ Like some tamales, hallacas are folded in plantain leaves, tied with strings, and boiled. The dish is traditionally served during the Christmas season and has several regional variants in Venezuela. It has been described as a national dish of Venezuela. Curacao has adopted this delicatessen.

A **buñuelo** is a fried dough ball. It traditionally prepared at Christmas, Ramadan, and among Sephardic Jews at Hanukkah. It will usually have a filling or a topping. In Colombia they are made with a small curd white cheese and formed into doughy balls then fried golden brown. It is a traditional Christmas dish, served along with natillas and manjar blanco. In Cuba they are traditionally twisted in a figure 8 and covered in an anise caramel.

liday

SUSTAINABILITY

"Sustainability" is much more than a recent buzzword. While the use of the word has certainly increased in frequency, the concept itself is hardly new. Being sustainable includes existing natural systems, business & culture.

Most people are only interested in sustainability if they are educated about it, and if its overall importance is effectively commu-

nicated. Furthermore, human well-being and the well-being of society is part and parcel of what sustainability stands for. Ensuring that human beings have access to basic resources, that their health is being protected, and that they enjoy a good quality of life within a sustainable environment is critical.

Business is perhaps one of the more controversial of sustainability's elements, due in part to the fact that economic success is a rather subjective concept, economic development is nonetheless important.

Sustainability without economic development simply cannot succeed—in order to convince individuals, communities, and organizations to invest their resources in sustainability, there must be incentives above and beyond the long-term advantages.

HE GLOBAL GOALS



I Am Made In held her first Sustainable Trade Expo in November 2018 with participants of Aruba, Bonaire, Colombia and Curacao.

In the following pages you will find more information on the participants.

Report on Sustainable Trade Expo 16 & 17 Nov 2018

The First Sustainable Trade Expo was held on 16 & 17 November at Hilton Hotel.

The room was filled with palm trees to contribute to the ambiance of a greener planet.

Participants of Aruba, Bonaire, Colombia and Curacao showed their knowledge and products.







The expo included renewable energy, water saving, agriculture, better options from plastic, food products, biodegradable cleaning options, living, Sustainable organizations, movie corner, local entrepreneurs and more.

It was a pleasure to notice that Curacao and our guests had a lot to offer on Sustainability.

We can relive a lot of this expo in the following pages.

Visit the Facebook and YouTube video's, blogs and more.

We hope to see you at our next Expo.

JC Water Solution

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. JC Water is our exhibitor from Aruba.

INSTANT-OFF Home Series Water Saver automatically shuts-off the water in bathrooms and kitchens when you move your hands. INSTANT-OFF eliminates wasted water and conserves more water than any other water saving device. INSTANT-OFF is the fastest way to stop a drippy faucet. To install INSTANT-OFF unscrew the aerator and screw in INSTANT-OFF. Once installed the water may be left on. Faucet handles continue to control water temperature and water pressure. Push the Rod for Water – Release the Rod and the water immediately stops. INSTANT-OFF helps provide people with hand disabilities or arthritis a painless method to control water in bathrooms and kitchens.

owner jeremy carty email: instant.offauasxm@gmail.com tel: (+297) 5842717-5643134 fb: JC Water Solution

INSTANT-OFFfaucets automatically shut off water people don't turn off the water when they don't need it running.this wastes over 500 billion gallons a day in America. INSTANT-OFF eliminates wasted water and converts faucets and pipes to zero waste. the savings are immediate and there's no habits to break. (saves money saves water)







Bonaire Salt

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Bonaire Salt is our exhibitor from Bonaire.





Brahma





Find more information	
<u>Youtube</u> <u>Facebook</u>	



Allvida



Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Allvida is our exhibitor from Colombia.





Esmeraldas

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Esmeraldas is our exhibitor from Colombia.

Click for more information

<u>Youtube</u> <u>Facebook</u>



Paramos



Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Paramos is our exhibitor from Colombia.

Click for more information

<u>Youtube</u> Facebook



Mongos

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Mongos is our exhibitor from Colombia.

Click for more information

Youtube Facebook



Sunny Green Food

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Sunny Green Food is our exhibitor from Colombia.

<u>Click for more information</u> <u>Youtube</u> <u>Facebook</u>



Café San Nicolas

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Café San Nicolas is our exhibitor from Colombia.



Artist: Ten Holt

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Artist Ten Holt is our exhibitor from Curacao.

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BPM

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. BPM is our exhibitor from Colombia.

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Caribbean Packaging Centre

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Caribbean Packaging Centre is our exhibitor from Curacao.

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EMCuracao

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. EMCuracao is our exhibitor from Curacao.



<u>Youtube</u> Facebook

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<u>Blog</u>

Karchi 60+

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Karchi 60+ is our exhibitor from Curacao.

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Aishel Marchena

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Aishel Marchena is our exhibitor from Curacao.

Click for more information

<u>Youtube</u> <u>Facebook</u>



I Am Made In

December 2018



dampen yours.

Apoyar el éxito de otra persona nunca afectará



Hygienic

Cleanful hygenic solutions

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Cleanful Hygenic Solutions is our exhibitor from Curacao.



Youtube Facebook

Blog

Sentro Solari

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. Sentro is our exhibitor from Curacao.



<u>Youtube</u>

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Blog

University of Curacao

Sustainability Trade Expo presents products and services which maintain change in our use of resources and promotes harmony between, People, Planet and Profit. University of Curacao is our exhibitor from ...Curacao.

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December 2018

Buy Local this

Holiday

Season